

September  
2025

HOUSING AUTHORITY OF THE CITY OF SUMTER

*Presents*

# September Newsletter

## In This Edition:

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- Housekeeping 101
- Afterschool Program
- Quarterly Meeting
- Fun Fall Recipe
- Fun Local Events
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- Trash Issues



## Afterschool Programs for Friendship Apartments!

Sumter Housing Authority's Afterschool Program at Friendship Apartments. meets Monday through Thursday from 2:30pm to 4:30pm. Except holidays, ½ days, and school closings for Ages 5 years old to age 12. If you need to do Community Service hours, Please contact Ms. Kat Fahl Resident Service Coordinator at (803) 774-7312  
Snack Donations are appreciated for support of the children!!

**\*\*Our Fall Season begins  
September 22 and will end  
November 30, 2025\*\***

Fall is associated with cooler weather, shorter days, and changing colors in nature, especially the leaves on trees.

Fall is also connected with the harvesting of crops and the preparation of animals and humans for the coming winter.



# Housekeeping 101



1. **PRIORITIZE** – Start with one room and finish that room before moving on to the next
2. **Get the whole family involved** – assign tasks and chores
3. **If you take it out, put it away**
4. **Make your beds each morning** – teach your kids to make their beds as well
5. **Keep basic cleaning supplies close to where you use them**
6. **Declutter each room** - What is trash? What can be given away?
7. **Keep up with laundry** – a load a day keeps the laundry at bay
8. **Do a 15-minute nightly clean-up** before going to bed each night

## **NOTICE**

**Good  
housekeeping  
is essential  
to safety**

### **Tips:**

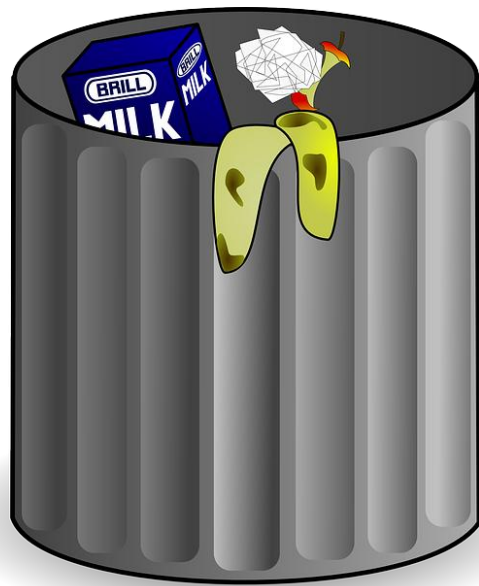
- **Do not use bleach on floors!**
- **Keep stove top and oven clean and free of debris and grease**
- **Clean refrigerator monthly or more often if needed.**
- **Make bathroom cleanliness a priority!**

**NO**



**SMOKING**

**\*\*Public Housing must be smoke free per the Department of Housing and Urban Development (HUD). Per policy, smoking will not be allowed within 25 feet of Sumter Housing Authority owned structures. This policy is not only for the resident and applies to all individuals on Sumter Housing owned properties. Please be advised, all residents will be responsible for the actions of themselves as well as those of his or her guests.\*\***



## **WARNING:**

When you signed your lease accepting an apartment and assistance, you agreed to meet the obligations and expectations as stated throughout the lease. One of those obligations is related to TRASH and GARBAGE!

This is a serious issue at all properties, and we are continuing action to get a handle on it. There is a \$35 fee if tickets and trash is not cleaned within 24 hours. Continued violations can and will result in a lease violation.

**Sumter Housing Authority**

TDD# 1-800-545-1833 Ext. 100

# Community Meeting



**Sumter Housing Authority**

**Presents:**

## **The Quarterly Resident Meeting**

**Where: Sumter Housing Authority Training Center**

**15 Caldwell Street,**

**Sumter, SC 29150**

**Date: Wednesday, September 17, 2025**

**Time: 5:00pm**

**Special Guests: Sumter Fire Department**

**Please come out to the quarterly Resident Service meeting and voice your concerns regarding your property and community.**

**Refreshments Served -All Residents Welcomed!!**

**Donna Lamer – Executive Director  
Karen Williams – Deputy Director  
Stacie Quattlebaum PH Manager  
Wyteria Andrews – PH Asst. Manager  
Katlyn Fahl– Resident Services**





# NATIONAL HISPANIC HERITAGE MONTH

*September 15 to October 15*



NATIONAL  
**SUICIDE**  
PREVENTION  
MONTH

**You are loved. You are needed. You are important.  
You are not alone.**

**Please know that asking for help is a sign of strength — not weakness. If you're in a crisis, please dial 988 to reach the Suicide & Crisis Lifeline. If you're looking for professional help or looking for specific support, we encourage you to use Good Good Good's Mental Health Resources Guide. You can also text HOME to 741-741 to instantly connect with a trained crisis counselor, 24/7, for free**

# Safe Kids Sumter County National Seat Check Saturday



**Safe Kids** wants to ensure children ride safe every time they're in a car. Drop by, and let us make sure your child is in the correct seat for his age and weight. **Must have your child with you.**



<https://tinyurl.com/5xjt2y44>

*Safe Kids Sumter County National Seat Check*

*Date: Saturday: Sep. 27, 2025*

*Time: 10AM-12:PM*

*Location: Jones Chevrolet 1230 Broad St, Sumter, SC 29150*

*"Bring your child & Car Seat"*



Cheryl Jackson, LPN, CPST-ICoalition Coordinator  
Safe Kids Sumter County  
Office 803-774-8828 Cell 803-386-7621  
Cheryljackson2@prismahealth.org  
SafeKidssumter@prismahealth.org



## Savor Sumter, SC GOURMET BURGER COOKOFF

September 13th

2-7 PM

Downtown Sumter  
Brody Pavilion

Benefiting children  
battling cancer in Sumter  
and Clarendon Counties



BRITTNEY LASHE' 2025 YOUTH LEADERSHIP SUMMIT

OCTOBER  
24 - 25, 2025

BRITTNEY  
HOLMAN

HOST

REV.  
RICHARD  
JAMES

GUEST INFUSER

LAUREN  
PEARSON

CO-HOST

# CONFIDENT TO LEAD!

TICKET PRICE  
**\$35**  
PER PERSON  
DAY 2 ONLY

TICKET PRICE: \$35 PER PERSON (INCLUDES ADMISSION,  
BREAKOUT SESSIONS, LUNCH, AND GRAB BAG)

GROUP RATING (10+): \$25 PER PERSON (INCLUDES  
ADMISSION, BREAKOUT SESSIONS, LUNCH, AND GRAB BAG)

VENDOR EARLY BIRD FEE \$50 (OUTDOOR)

ANTIOCH UME CHURCH   
10026 OLD RIVER ROAD, PINWOOD, SC



# Pumpkin bread



## Ingredients:

- 2 1/4 cups all-purpose flour
- 1 1/4 teaspoons baking powder
- 3/4 teaspoon salt
- 3/4 cup light brown sugar, packed
- 1/4 cup unsalted butter, melted and cooled
- 1 1/2 cups pumpkin puree (not pumpkin pie filling)
- 1/2 cup vegetable oil
- 2 teaspoons vanilla extract
- 2 1/2 teaspoons ground cinnamon
- 1 teaspoon ground nutmeg
- 1 teaspoon ground ginger
- Raw, unsalted pepitas (optional, for topping)

## Instructions:

1. Preheat oven to 350°F (175°C). Grease and flour a 9x5 inch loaf pan.
2. In a large bowl, whisk together flour, baking powder, and salt.
3. In a medium bowl, whisk together brown sugar, melted butter, pumpkin puree, oil, vanilla extract, cinnamon, nutmeg, and ginger.
4. Add the wet ingredients to the dry ingredients and stir until just combined. Do not overmix.
5. Pour batter into prepared loaf pan and smooth the top.
6. Sprinkle with pepitas, if desired.
7. Bake for 60-70 minutes, or until a toothpick inserted into the center comes out clean.
8. Let cool in the pan for 10 minutes, then transfer to a wire rack to cool completely.



# Cauliflower Broccoli Cheese Soup

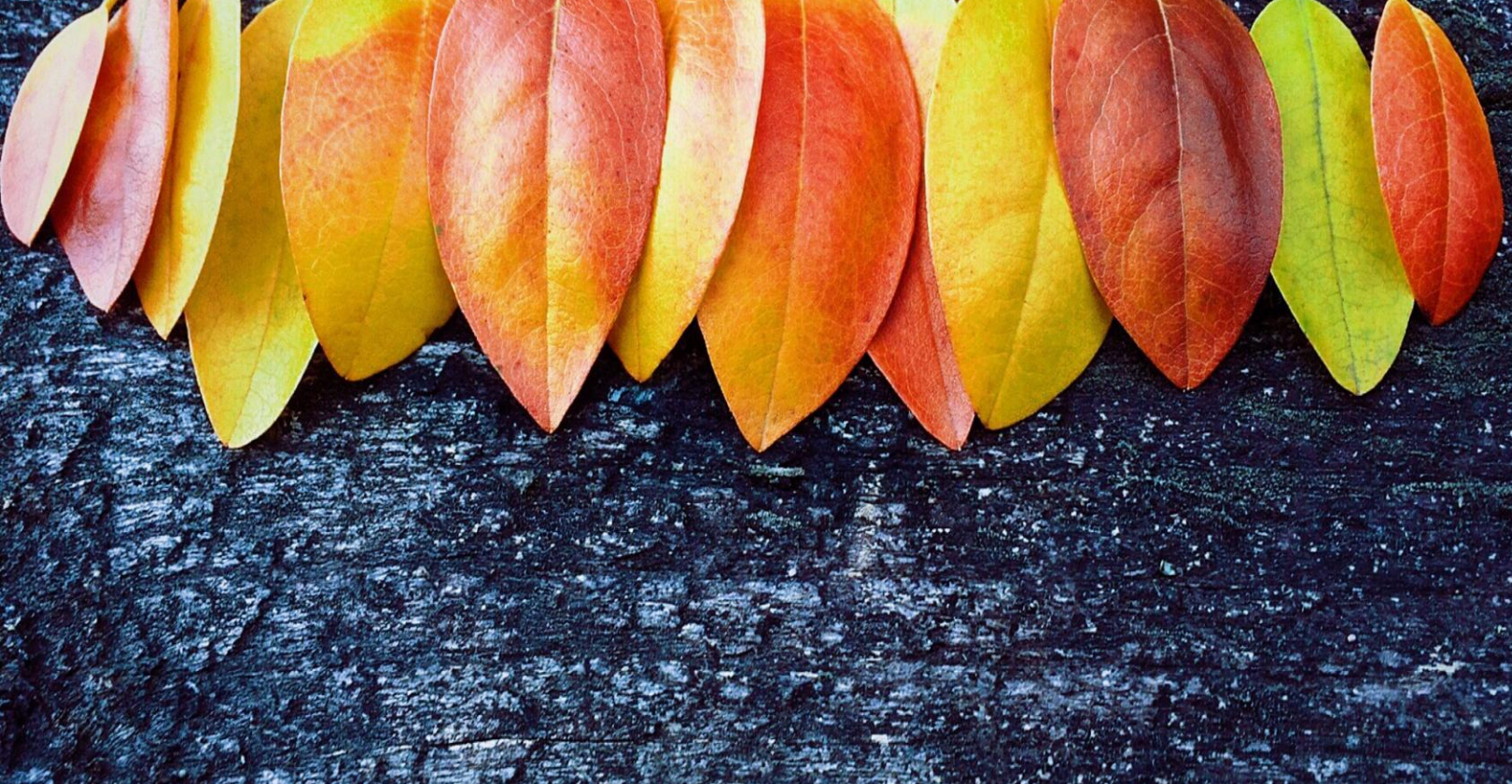
## Ingredients

- 3/4 cup small cauliflowererets
- 3/4 cup small broccoli florets
- 1/4 cup chopped onion
- 1/4 cup halved thinly sliced carrot
- 1 to 2 tablespoons butter
- 1-1/2 cups 2% milk, divided
- 1/2 teaspoon chicken bouillon granules
- 1/4 teaspoon salt
- Dash pepper
- 2 tablespoons all-purpose flour
- 1/3 cup cubed Velveeta

## Directions

1. In a large saucepan, cook the cauliflower, broccoli, onion and carrot in butter until vegetables are crisp-tender, about 5 minutes. Stir in 1-1/4 cups milk, bouillon, salt and pepper. Bring to a boil. Reduce heat; simmer, uncovered, until vegetables are tender, about 5 minutes, stirring occasionally.

2. Combine the flour and remaining 1/4 cup milk until smooth; add to saucepan. Bring to a boil; cook and stir until thickened, 1-2 minutes. Reduce heat; add cheese and stir until melted. Serve immediately.



**Sumter Housing Authority  
P.O. Box 1030  
15 Caldwell Street  
Sumter, SC 29151-1030  
Phone: (803)775-4357  
After Hours Emergency Number  
1-866-744-3951**

**Your Contacts**

**D. Lamer – Executive Director  
K. Williams– Deputy Director  
S. Quattlebaum– PH Manager  
W. Andrews– PH Asst. Mgr.  
K. Fahl– Resident Services**